# VIETNAM PRIMARY HEALTH PLACEMENT

NINETEEN DEGREES

ENGAGE. LEARN. IMPACT.

# VIETNAM PRIMARY HEALTH PLACEMENT



Located in the ethnically diverse Mai Châu district, in northern Vietnam, 135 km north of Hanoi, this two or three week placement collaborates with remote village communes and the central health district on a variety of community development projects via the Mai Châu General Hospital.

These are focussed on delivering primary health outreach to disadvantaged populations through mobile clinics and health education workshops, placing student groups in uniquely experiential situations that alleviate poverty, respect indigenous cultures and protect local environments.

The placement begins in the Vietnamese capital city, Hanoi for workshop orientation. The three week option also sightsees some of the major sites in Hanoi to learn more about the country, its past and culture.

The hospital is extremely supportive of student groups visiting and assisting to provide healthcare outreach to outlying villages. Students are provided the opportunity to not only practice their nursing assessment skills under supervision but learn about the culture and the socioeconomics of the region.

The placement provides students the opportunity to observe and work in cooperation with doctors and nurses whilst also providing health checks and health education to residents in surrounding villages.

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# WHAT'S INCLUDED (AND WHAT'S NOT)



### **EXCLUSIONS**

- Vaccinations
- Visas
- Travel insurance
- Meals not included in itinerary
- Activities on free days
- Gifts and resources

### INCLUSIONS

- Small group size ~14 plus 2 academic supervisors (supervisors travel free of charge)
- Economy class flights
- Twin/ triple share 3\* accommodation and home stay in villages
- Single rooms for supervisors
- All bus transportation
- Breakfast and lunch on placement days
- Breakfast only on free days
- Ground support
- Project manager and translators on 24 hour call
- Orientation details
- Placement briefing, child protection workshop and language lesson
- Pre-departure preparation program and workshop
- Online platform with placement information and itinerary, health and safety and responsible travel guidelines, document collection and fitness check, tips and information on staying safe and managing risk
- Facebook group page
- Ongoing advice and support





### SAMPLE ITINERARY

Dav	Itinerary Detail	Accom	Meals
1	Arrive Hanoi and transfer to hotel. Cyclo tour around the Old Quarter before welcome dinner as a group.	3* hotel	D
2	Orientation and language lesson Workshop about Vietnamese health system	3* hotel	B, L
3	Depart for Mai Chau Check into guesthouse Tour of Mai Chau hospital	Homestay	B, L, D
4 5	Shadow the medical team at Mai Chau hospital Mobile clinics in nearby village. Lunch with local family.	Homestay Villagestay	B, L, D B, L, D
6	Mobile clinics in nearby village. Transfer back to Mai Chau	3* hotel	B, L
7-8	Free weekend in Mai Chau Transfer to new village on Sunday afternoon. Settle into homestay	3* hotel & Homestay	B, D
9-12	Morning and afternoon clinic in Village 2	Homestay	B, L, D
13	Depart for Hanoi Free time	3* hotel	В
14	Depart Vietnam		

### ABOUT NINETEEN DEGREES

### **INTRODUCTION**

Established in 2016, Nineteen Degrees draws on over 15 years of independent experience in educational travel in Asia. We deliver tailor made faculty-led placements for undergraduate students in the disciplines of nursing, midwifery and allied health.

Specialising in international short-term mobility throughout Cambodia, Northern India, Northern Laos, Nepal, Thailand, North & South Vietnam we work at the heart of the communities we operate in.

We do this by partnering in collaboration with hospitals, clinics, rehabilitation centres, community organisations and schools we have mutually agreed goals of achieving strong learning outcomes for Australian students all whilst working to build the long-term capacity of these communities and local organisations.

### COMMUNITY HEALTH CLINICAL PLACEMENTS

Health students participate in three week (on average) single discipline or interprofessional placements where they observe and shadow local healthcare professionals in a hospital setting and provide a health outreach program to impoverished communities whilst building the capacity of local staff.

The program is complimented by participative health seminars, language classes and cultural orientation. Students also conduct health education sessions to schools and community groups.

### COMMUNITY DEVELOPMENT INTERNSHIPS

Students intern in groups at reputable local community organisations. Initially they participate in seminars on community development, visit community organisations, enjoy language classes and responsible tourism leisure activities.

Following this, the internship allows students to utilise their skillset and learn from fellow students and organisational staff to practice their communication, soft skills, teamwork, innovation and organisational skills.







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### VALUES AND PHILOSOPHY

#### **Commitment to Best Practice**

Respecting the teachings of the United Nations Sustainable Development Goals and developing projects and programs in partnership with communities and organisations.

#### **Pre-Departure Training & Preparation**

We are innovative in our pre-departure preparation and orientation for every group, engaging with supervisor and student groups on a variety of platforms following industry best practice and content. We also assist with placement promotion including marketing collateral, launch presentations and webinar information sessions.

#### Safety and Risk Management

The safety and security of all our students is of utmost importance to us. We draw on our 15 years of independent risk management experience to ensure all student groups are provided the best possible experience in a safe and supported environment. We manage risk and provide 24/7 tailored support in country and in Australia.

#### **Evaluation & Monitoring**

We operate extensive monitoring, evaluation and handover processes to continuously improve programs in terms of content and outcomes for the host site or community. We have stringent host selection policies and agreements in place following our commitment to responsible travel.

### **Transparency and Accountability**

We work not for profit in providing above and beyond service to our university clients and students ensuring clear communication and transparency in the work we do.

#### **Placement Debriefs**

We conduct extensive debriefs with partner institutions and students after every program to improve performance and adherence to learning outcomes.

### **OUR UNIVERSITY PARTNERS**



# WHAT'S NEXT



For a full proposal and quote specifically tailored to the needs of your students, please contact:

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