

# THAILAND CHIANG MAI NURSING & MIDWIFERY PLACEMENT

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# ABOUT THE PLACEMENT

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Based about an hour outside of the northern Thai city of Chiang Mai, your students will get practical experience in community through our partnership with Samoeng District Health and Payap University.

The placement aims to provide students insight into the Thai healthcare system and clinical practice experience in a community setting and is a strong environment for students to gain clinical experience, whilst also improving their knowledge of the region.

Students will gain clinical experience at the district hospital or out with the community health team operating mobile clinics and home visits.

The hospital's Community team operate mobile clinics in villages outside of Samoeng to provide routine care to patients with chronic illness and those with limited access to the hospital. Students will spend each day in a different village setting up a mobile clinic to provide free healthcare assessments and education to the local population. A typical day may see between 100 – 200 patients; some of these might be unwell however others come for a general check-up.

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# WHAT'S INCLUDED (AND WHAT'S NOT)

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## INCLUSIONS

- Small group size ~15 plus 3 academic supervisors (supervisors travel free of charge)
- Economy class flights
- Twin/ triple share 3\* accommodation and home stay in villages
- Single rooms for supervisors
- All bus transportation
- Breakfast and lunch on placement days
- Breakfast only on free days
- Ground support
- Project manager and translators on 24-hour call
- Orientation details
- Placement briefing, child protection workshop and language lesson
- Pre-departure preparation program and workshop
- Online platform with placement information and itinerary, health and safety and responsible travel guidelines, document collection and fitness check, tips and information on staying safe and managing risk
- Facebook group page
- Ongoing advice and support

## EXCLUSIONS

- Vaccinations
- Visas
- Travel insurance
- Meals not included in itinerary
- Activities on free days
- Gifts and resources

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# SAMPLE ITINERARY

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| Day   | Itinerary Detail   | Accom      | Meals             |
|-------|--|------------|-------------------|
| 1     | Land in Chiang Mai.<br>Airport transfer and settle into guesthouse.<br>Welcome Dinner.                                       | 3* hotel   | Welcome<br>Dinner |
| 2     | Team chat and intro to Khmer culture<br>Language lesson, City walking tour, Lunch,<br>Child Protection Training              | 3* hotel   | B, L              |
| 3     | Travel to Payap University Faculty of Nursing<br>Meet the faculty and Q&A<br>Travel to Samoeng and check into guest<br>house | Guesthouse | B, L, D           |
| 4     | Morning workshop at hospital and afternoon<br>tour of facilities   | Guesthouse | B, L, D           |
| 5     | Morning and afternoon placement at hospital  | Guesthouse | B, L, D           |
| 6-7   | Mobile clinic out in community and health<br>education with local schools  | Guesthouse | B, L, D           |
| 8-9   | Free time and weekend back in Chiang Mai   | 3* hotel   | B                 |
| 10-14 | Mobile clinic out in community and health<br>education with local schools  | Guesthouse | B, L, D           |
| 15-16 | Free time and weekend in Samoeng   | Guesthouse | B                 |
| 17-20 | Mobile clinic out in community and health<br>education with local schools  | Guesthouse | B, L, D           |
| 21    | Final day in Samoeng, farewell and travel<br>back to Chiang Mai  | 3* hotel   | B, L              |
| 22    | Free day in Chiang Mai   | 3* Hotel   | B                 |
| 23    | Depart Chiang Mai and travel home  | 3* Hotel   | B                 |

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# ABOUT NINETEEN DEGREES

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## INTRODUCTION

Established in 2016, Nineteen Degrees draws on over 15 years of independent experience in educational travel in Asia. We deliver tailor made faculty-led placements for undergraduate students in the disciplines of nursing, midwifery and allied health.

Specialising in international short-term mobility throughout Cambodia, Northern India, Northern Laos, Nepal, Thailand, North & South Vietnam we work at the heart of the communities we operate in.

We do this by partnering in collaboration with hospitals, clinics, rehabilitation centres, community organisations and schools we have mutually agreed goals of achieving strong learning outcomes for Australian students all whilst working to build the long-term capacity of these communities and local organisations.

## COMMUNITY HEALTH CLINICAL PLACEMENTS

Health students participate in three week (on average) single discipline or interprofessional placements where they observe and shadow local healthcare professionals in a hospital setting and provide a health outreach program to impoverished communities whilst building the capacity of local staff.

The program is complimented by participative health seminars, language classes and cultural orientation. Students also conduct health education sessions to schools and community groups.

## COMMUNITY DEVELOPMENT INTERNSHIPS

Students intern in groups at reputable local community organisations. Initially they participate in seminars on community development, visit community organisations, enjoy language classes and responsible tourism leisure activities.

Following this, the internship allows students to utilise their skillset and learn from fellow students and organisational staff to practice their communication, soft skills, teamwork, innovation and organisational skills.

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# ABOUT NINETEEN DEGREES

## VALUES AND PHILOSOPHY

### Commitment to Best Practice

Respecting the teachings of the United Nations Sustainable Development Goals and developing projects and programs in partnership with communities and organisations.

### Pre-Departure Training & Preparation

We are innovative in our pre-departure preparation and orientation for every group, engaging with supervisor and student groups on a variety of platforms following industry best practice and content. We also assist with placement promotion including marketing collateral, launch presentations and webinar information sessions.

### Safety and Risk Management

The safety and security of all our students is of utmost importance to us. We draw on our 15 years of independent risk management experience to ensure all student groups are provided the best possible experience in a safe and supported environment. We manage risk and provide 24/7 tailored support in country and in Australia.

### Evaluation & Monitoring

We operate extensive monitoring, evaluation and handover processes to continuously improve programs in terms of content and outcomes for the host site or community. We have stringent host selection policies and agreements in place following our commitment to responsible travel.

### Transparency and Accountability

We work not for profit in providing above and beyond service to our university clients and students ensuring clear communication and transparency in the work we do.

### Placement Debriefs

We conduct extensive debriefs with partner institutions and students after every program to improve performance and adherence to learning outcomes.

## OUR UNIVERSITY PARTNERS



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# WHAT'S NEXT



For a full proposal and quote specifically tailored to the needs of your students, please contact:

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