

# LAOS NURSING & MIDWIFERY PLACEMENT

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# ABOUT THE PLACEMENT

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Located in rural Northern Laos, a few hours north of the wonderful tourist hub of Luang Prabang, this placement has a focus on community health outreach via mobile health clinics.

It places student groups in uniquely experiential situations that alleviate poverty, respect indigenous cultures and protect local environments whilst providing opportunities for groups to learn and practice skills in culturally diverse and challenging environments.

Students work with the Pak Xeng health district to provide primary health care and education to communities without easy access to a service. There are small community clinic outposts and one district hospital in the region, yet they are under resourced and understaffed.

Nineteen Degrees' Australian University health groups work with the local health care teams on a health outreach project operating mobile clinics in the villages stretching along the Seuang River. Students complete basic health assessments and develop a diagnosis with their supervisors to plan and implement care.

[nineteendegrees.com.au](http://nineteendegrees.com.au)

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# WHAT'S INCLUDED (AND WHAT'S NOT)

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## INCLUSIONS

- Small group size ~15 plus 3 academic supervisors (supervisors travel free of charge)
- Economy class flights
- Twin/ triple share 3\* accommodation and home stay in villages
- Single rooms for supervisors
- All bus transportation
- Breakfast and lunch on placement days
- Breakfast only on free days
- Ground support
- Project manager and translators on 24 hour call
- Orientation details
- Placement briefing, child protection workshop and language lesson
- Pre-departure preparation program and workshop
- Online platform with placement information and itinerary, health and safety and responsible travel guidelines, document collection and fitness check, tips and information on staying safe and managing risk
- Facebook group page
- Ongoing advice and support

## EXCLUSIONS

- Vaccinations
- Visas
- Travel insurance
- Meals not included in itinerary
- Activities on free days
- Gifts and resources

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# ABOUT NINETEEN DEGREES

## INTRODUCTION

Established in 2016, Nineteen Degrees draws on over 15 years of independent experience in educational travel in Asia. We deliver tailor made faculty-led placements for undergraduate students in the disciplines of nursing, midwifery and allied health.

Specialising in international short-term mobility throughout Cambodia, Northern India, Northern Laos, Nepal, Thailand, North & South Vietnam we work at the heart of the communities we operate in.

We do this by partnering in collaboration with hospitals, clinics, rehabilitation centres, community organisations and schools we have mutually agreed goals of achieving strong learning outcomes for Australian students all whilst working to build the long-term capacity of these communities and local organisations.

## COMMUNITY HEALTH CLINICAL PLACEMENTS

Health students participate in three week (on average) single discipline or interprofessional placements where they observe and shadow local healthcare professionals in a hospital setting and provide a health outreach program to impoverished communities whilst building the capacity of local staff.

The program is complimented by participative health seminars, language classes and cultural orientation. Students also conduct health education sessions to schools and community groups.

## COMMUNITY DEVELOPMENT INTERNSHIPS

Students intern in groups at reputable local community organisations. Initially they participate in seminars on community development, visit community organisations, enjoy language classes and responsible tourism leisure activities.

Following this, the internship allows students to utilise their skillset and learn from fellow students and organisational staff to practice their communication, soft skills, teamwork, innovation and organisational skills.

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# ABOUT NINETEEN DEGREES

## VALUES AND PHILOSOPHY

### Commitment to Best Practice

Respecting the teachings of the United Nations Sustainable Development Goals and developing projects and programs in partnership with communities and organisations.

### Pre-Departure Training & Preparation

We are innovative in our pre-departure preparation and orientation for every group, engaging with supervisor and student groups on a variety of platforms following industry best practice and content. We also assist with placement promotion including marketing collateral, launch presentations and webinar information sessions.

### Safety and Risk Management

The safety and security of all our students is of utmost importance to us. We draw on our 15 years of independent risk management experience to ensure all student groups are provided the best possible experience in a safe and supported environment. We manage risk and provide 24/7 tailored support in country and in Australia.

### Evaluation & Monitoring

We operate extensive monitoring, evaluation and handover processes to continuously improve programs in terms of content and outcomes for the host site or community. We have stringent host selection policies and agreements in place following our commitment to responsible travel.

### Transparency and Accountability

We work not for profit in providing above and beyond service to our university clients and students ensuring clear communication and transparency in the work we do.

### Placement Debriefs

We conduct extensive debriefs with partner institutions and students after every program to improve performance and adherence to learning outcomes.

## OUR UNIVERSITY PARTNERS



[nineteendegrees.com.au](http://nineteendegrees.com.au)

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# WHAT'S NEXT



For a full proposal and quote specifically tailored to the needs of your students, please contact:

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