# CAMBODIA PHYSIO PLACEMENT

NINETEEN DEGREES

ENGAGE. LEARN. IMPACT.

# ABOUT THE PLACEMENT

Our five-week physio placement in Cambodia is an opportunity to learn about healthcare practice in a foreign health system and practice clinical skills under the supervision of local staff.

Located in Siem Reap, Cambodia, the group work Monday to Friday and after the first few days of orientation, on placement across two community clinics, working with children with disabilities.

Most of the placement will be spent at Grace House Community Centre, which opened a day centre for children with special needs in January 2012. Many children with disabilities are living in the area without access to special care or support, unable to attend school and often isolated in their home and kept from society. They often die prematurely due to lack of specialist care, neglect or abandonment. Grace House aims to prevent this happening by providing support and therapy to enable children to reach their full potential.

Students work in conjunction with the local staff and become increasingly independent, beginning to identify clients who require specific treatment or education. This is a challenging placement and students need to be able to rely on their clinical and theoretical knowledge whilst also learning to rely on their peers and the local staff for advice.

Students can also finish their placement at the Military Handicap Development Centre in Prasat Bakong, providing rehab for ex-military men with disabilities and their families in a rural setting.

#### About the Cambodian Health System

Despite the recent modernity of Siem Reap there is still a big need for better healthcare facilities and basic health education as the population rises.

Specialist healthcare including physiotherapy, occupational health and social work are key areas in which students can make a real difference in terms of knowledge, skills exchange and capacity building.

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# WHAT'S INCLUDED (AND WHAT'S NOT)



### **EXCLUSIONS**

- Vaccinations
- Visas
- Travel insurance
- Meals not included in itinerary
- Activities on free days
- Gifts and resources

### INCLUSIONS

- Small group size ~7 plus 1 academic supervisor (supervisors travel free of charge)
- Economy class flights
- Triple share 3\* centrally location guesthouse
- Single rooms for supervisors
- All bus and tuk tuk transportation
- Breakfast and lunch on placement days
- Breakfast only on free days
- Ground support
- Project manager and translators on 24 hour call
- Orientation details
- Pre-departure preparation program and workshop
- Online platform with placement information and itinerary, health and safety and responsible travel guidelines, document collection and fitness check, tips and information on staying safe and managing risk
- Facebook group page
- Ongoing advice and support

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### SAMPLE ITINERARY

Day	Itinerary Detail	Accom	Meals
1	Land in Siem Reap. Airport transfer and settle into guesthouse. Welcome Dinner.	3* villa	Welcome Dinner
2	Team chat and intro to Khmer culture Language lesson, City walking tour, Lunch, Child Protection Training	3* villa	B, L
Monday to Friday	07:30 Depart hotel 08:00 Placement at GHCC 11:00 Lunch break and admin time 13:00 Placement at GHCC 16:00 Depart site for hotel Team meeting / debrief Dinner	3* villa	B, L, D
Weekends	Free time in Siem Reap	3* villa	В
19	Final day to present and say farewell Farewell Dinner	3* Villa	B, L, D
20	Depart Siem Reap		

## ABOUT NINETEEN DEGREES

#### VALUES AND PHILOSOPHY

#### **Commitment to Best Practice**

Respecting the teachings of the United Nations Sustainable Development Goals and developing projects and programs in partnership with communities and organisations.

#### **Pre-Departure Training & Preparation**

We are innovative in our pre-departure preparation and orientation for every group, engaging with supervisor and student groups on a variety of platforms following industry best practice and content. We also assist with placement promotion including marketing collateral, launch presentations and webinar information sessions.

#### Safety and Risk Management

The safety and security of all our students is of utmost importance to us. We draw on our 15 years of independent risk management experience to ensure all student groups are provided the best possible experience in a safe and supported environment. We manage risk and provide 24/7 tailored support in country and in Australia.

#### **Evaluation & Monitoring**

We operate extensive monitoring, evaluation and handover processes to continuously improve programs in terms of content and outcomes for the host site or community. We have stringent host selection policies and agreements in place following our commitment to responsible travel.

#### **Transparency and Accountability**

We work not for profit in providing above and beyond service to our university clients and students ensuring clear communication and transparency in the work we do.

#### **Placement Debriefs**

We conduct extensive debriefs with partner institutions and students after every program to improve performance and adherence to learning outcomes.

#### **OUR UNIVERSITY PARTNERS**



NINETEEN DEGREES

## ABOUT NINETEEN DEGREES

#### **INTRODUCTION**

Established in 2016, Nineteen Degrees draws on over 15 years of independent experience in educational travel in Asia. We deliver tailor made faculty-led placements for undergraduate students in the disciplines of nursing, midwifery and allied health.

Specialising in international short-term mobility throughout Cambodia, Northern India, Northern Laos, Nepal, Thailand, North & South Vietnam we work at the heart of the communities we operate in.

We do this by partnering in collaboration with hospitals, clinics, rehabilitation centres, community organisations and schools we have mutually agreed goals of achieving strong learning outcomes for Australian students all whilst working to build the long-term capacity of these communities and local organisations.

#### COMMUNITY HEALTH CLINICAL PLACEMENTS

Health students participate in three week (on average) single discipline or interprofessional placements where they observe and shadow local healthcare professionals in a hospital setting and provide a health outreach program to impoverished communities whilst building the capacity of local staff.

The program is complimented by participative health seminars, language classes and cultural orientation. Students also conduct health education sessions to schools and community groups.

#### COMMUNITY DEVELOPMENT INTERNSHIPS

Students intern in groups at reputable local community organisations. Initially they participate in seminars on community development, visit community organisations, enjoy language classes and responsible tourism leisure activities.

Following this, the internship allows students to utilise their skillset and learn from fellow students and organisational staff to practice their communication, soft skills, teamwork, innovation and organisational skills.

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# WHAT'S NEXT



For a full proposal and quote specifically tailored to the needs of your students, please contact:

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### OR

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